

## Payment details

### Registration fee

- \* Rs. 3500 till 3<sup>rd</sup> June 2017.
- \* Rs. 4000 till 17<sup>th</sup> June 2017.
- \* Rs. 4500 till 8<sup>th</sup> July 2017.
- \* Rs. 6000 from 9<sup>th</sup> July to spot.

at par cheque / DD payable at Pune in favour of  
'Hand Surgery'

### For wire transfer:

**Account name** : HAND SURGERY  
**Account No.** : 3581 524 0030  
**Bank Details** : State Bank of India,  
Senapati Bapat Road,  
Pune, Maharashtra-411016.  
**IFS Code** : SBIN0004120  
**MICR** : 411002051  
**Swift Code** : SBININBB218

\*\* Please **scan and forward a copy** of the bank payment to  
**email address:** handsurgeryindia@gmail.com

## Address for Correspondence

### Dr. Pankaj Jindal

A 704, Kasturkunj, ICS Colony, Bhosale Nagar,  
Ganeshkhind Road, Pune-411007. Maharashtra, INDIA  
**Email:** handsurgeryindia@gmail.com  
**Mobile:** 98220 31140, 8888 882588  
**Website:** www.handsurgery2017.com

## Accommodation

Hotel	Area	Contact No.	Dist.	Rate
Hotel Shreyas	Apte Road	(020) 2553 2497	1 km.	Rs. 2666-2952
Hotel Om Sai Palace	off Apte Road	(020) 2553 6177	1.2 km.	Rs. 2400-2700
Hotel Kohinoor Executive	Apte Road	(020) 2553 2000	1.5 km	Rs. 2380-2975
Hotel Oakwood	Bhandarkar Road	(020) 6560 1919	1.5 km	Rs. 2975-3570
Hotel Ramee Grand	Apte Road	(020) 4231 4835	1.5 km	Rs. 4231-4835
Hotel Deccan Rendezvous	Apte road	(020) 2561 2345	1.6 km	Rs. 3500-4000
Hotel Sapna Executive	J.M. Road	(020) 2553 4141	2 km.	Rs. 2618-2856
Hotel Ashish Plaza	F.C. Road	(020) 6704 4444	2 km	Rs. 2670-3150
Hotel Parichay	F.C. Road	(020) 2553 1511	1.5 km	Rs. 2428-2630
Hotel Ketan	F C Road	(020) 2565 5081	1.5 km	Rs. 3231-3481
Hotel Coronet	Apte Road	(020) 2553 2943	2 km	Rs. 2400-2900
Hotel Orbett	Apte Road	(020) 2561 7000	1.5 km	Rs. 3425-3960

- ◆ Mostly, these include taxes and break fast.
- ◆ Please call directly, reconfirm and book.
- ◆ These are approximate distances.

\* **Search in Google:** Hotels near Poona hospital Or Hotels in Deccan, Pune / Fergusson College / Apte Road.

\* **Interestingly, some hotels may be cheaper when you book through "make my trip", "Goibibo" or "Cleartrip" for example!!!**

## Highlights of Hand Surgery 2017

- ★ 1200 minutes of PURE academics.
- ★ No inauguration ! No banquet !!
- ★ Practical topics.
- ★ Rarely discussed topics covered too.
- ★ Revision session.
- ★ Interactive Session.
- ★ You may like to carry home many useful books in a CD !!
- ★ Call 98220 31140 for details.

# INSTRUCTIONAL COURSE IN HAND SURGERY



Dear Friends,

After successful hand surgery instructional courses over last several years, we are ready to welcome you again this year. Several new topics have been added for your benefit.

Trauma is common in our country. Delayed presentation of trauma is probably more common. Both require equal attention..

An experienced panel will present their approach to distal radius fracture.

Tingling in the hand and painful conditions are common presentation in OPD. Treatment has expanded beyond prolonged medication.

Same holds true for paralytic conditions and congenital anomalies.

Well, it is important how to minimize stiffness. The list is long. We could not cover in two days and could not skip any topic either.

There is no inauguration or chief guest or banquet to keep the activity purely academic.

With this, I urge you to be with us for this academic feast.

### Dr. Pankaj Jindal

Hand surgeon  
Convener &  
Chairman, hand surgery section  
Indian Orthopaedic Association

**Dates:** Friday, 21<sup>st</sup> July 2017, 9 am - 6 pm  
Saturday, 22<sup>nd</sup> July 2017, 9 am - 6 pm  
Sunday, 23<sup>rd</sup> July 2017, 9 am - 1 pm

**Registration:** 21<sup>st</sup> July 2017, Time: 7.30 am to 8.45 am. At the venue.

**Venue:** Auditorium, Poona Hospital & Research Centre,  
Sadashiv Peth, (Behind Alka Cinema), Near Deccan, Pune, Maharashtra.

Website: www.handsurgery2017.com  
SMS Service : 98220 31140



# Proposed topics

## A. General topics in hand surgery

1. OT setup for hand surgery.
2. Tourniquet.
3. Examination of an injured hand.
4. Anesthesia.
5. Antibiotic in hand surgery.
6. Instruments in hand surgery.
7. 'K' wire. How to Choose an optimum wire.

## B. Trauma Fractures

8. Mallet finger.
9. Fracture dislocation PIP joint.
10. # proximal phalanx conservative.
11. # phalanx operative.
12. How to improve results of # phalanx.
13. Analyzing complications of # phalanx.
14. # metacarpal head and boxer's fracture.
15. # First metacarpal. Bennett, Rolando, Epibasal.
16. Gamekeeper's thumb.
17. # Scaphoid: Imaging/stable/unstable/conservative/surgery.
18. Scaphoid nonunion.
19. Scaphoid salvage.
20. Transscaphoid perilunate dislocation.
21. # distal radius: Conserve/Ex Fix/wires/plate.
22. # distal radius. How to improve ROM.
23. External fixation use and abuse.
24. # Ulnar styloid process. Fix or not to fix.

## Soft tissue injury

25. Complication with simple suturing.
26. Finger tip injury.
27. Compartment syndrome.

28. Volkmann Ischemic Contracture.
29. Flaps: when, where & how.
30. Finger Flaps.
31. Forearm flaps.
32. Trunk flaps.
33. Debridement of skin/bone/nerve.
34. Crush injury finger.
35. Crush injury hand.
36. Sugar cane crusher injuries.
37. Facing an imminent amputation.
38. Micro vascular surgery application.
39. Flexor tendon injury.
40. Extensor tendon injury.
41. How not to do tendon repair.
42. Flexor Tendon reconstruction.
43. Extensor tendon reconstruction.
44. Vacuum assisted closure(VAC).
45. Brachial plexus injury. Examination. surgery.

## Congenital anomalies

46. Congenital anomaly: Syndactyly. Club hand. Macroductyly.
47. Congenital Hypoplastic hand. Pollicisation. Central defect.
48. Congenital. Absent fingers. Constriction ring.

## Paralytic hand

49. Spastic hand; Examination / surgery / botox.
50. Paralysed hand.
51. # Shaft Humerus with wrist drop.
52. Writers' cramps / Dystonia.

## Vascular issues

53. Vascular injury.
54. Pink pulse less hand.
55. Blue finger.

## Pain in hand

56. Arthritis.
57. Avascular necrosis carpus.
58. Approach to tingling in the hand.
59. Carpal tunnel syndrome.
60. Ulnar tunnel syndrome.
61. Radial tunnel syndrome.
62. Thoracic outlet syndrome.
63. Failed carpal tunnel syndrome.
64. Tennis elbow.
65. Radial side wrist pain.
66. Ulnar sided wrist pain.
67. TFCC.
68. Distal Radio Ulnar Joint.
69. Central wrist pain.
70. Aches and pains in a female.
71. de Quirvain's disease.
72. Regional Pain Syndrome.

## Tumour

73. Tumours: Ganglion / GCT/Glomus.

## Miscellaneous

74. Dupuytren's contracture.

## Rehabilitation and allied

75. How to overcome & manage stiffness in hand.
76. Myoelectric Prosthesis.

## Video session